

ELEMENTARY LUNCH MENU ~ MARCH 2009

MONDAY, March 2	TUESDAY, March 3	WEDNESDAY, March 4	THURSDAY, March 5	FRIDAY, March 6
Whole Grain Breaded Chicken Sandwich	Spaghetti & Meatballs	Smoked BBQ Chicken & Whole Wheat Dinner Roll	Personal Pan Cheese Pizza V	Breaded Chicken Nuggets
Garden Veggie Burger V	Peanut Butter & Jelly Pocket V	Tostada Fiesta Salad with Pinto Beans V	Teriyaki Beef Dippers w/WW Dinner Roll	Toasted Cheese Sandwich V
Chilled Peaches V	Yellow Whole Kernel Corn V	Fresh Banana V	Seedless Red Grapes V	Cooked Peas V
Cooked Green Beans V	Fresh Whole Baby Carrots V	Celery Sticks & Low Fat Ranch Dip V	Fresh Jicama Sticks & Lime Wedge V	Chilled Applesauce Cup V
Hash Brown Potatoes V	Fresh Apple Slices V	Chilled Pears V	Yellow Whole Kernel Corn V	Fresh Cucumber Coins V
Chilled Apple Juice V	Chilled Orange Juice V	Chilled Orange Juice V	Chilled Apple Juice V	Chilled Orange Juice V
*Choice of Milk V	*Choice of Milk V	*Choice of Milk V	*Choice of Milk V	*Choice of Milk V

MONDAY, March 9	TUESDAY, March 10	WEDNESDAY, March 11	THURSDAY, March 12	FRIDAY, March 13
Beef Taco Triangles	Sliced Pepperoni Pizza	Charbroiled Beef Patty on Wheat Bun	Red Chile Beef and Bean Burrito	Parmesan Lasagna
Peanut Butter & Jelly Pocket V	Toasted Cheese Sandwich V	Garden Veggie Burger V	Macaroni Au Gratin V	Vegetarian Chili and Tortilla Chips V
Yellow Whole Kernel Corn V	Chilled Peaches V	Green Leaf Lettuce & Sliced Tomatoes V	Fresh Banana V	Chilled Applesauce Cup V
Chilled Pears V	Italian Vegetable Medley V	Yellow Whole Kernel Corn V	Frozen Juice Cup V	Seasonal Melon Chunks V
Tossed Green Salad & Fat-Free Dressing V	Fresh Whole Baby Carrots V	Smoked BBQ Chicken & Whole Wheat Dinner Roll	Cooked Green Beans V	Fresh Whole Baby Carrots V
Chilled Apple Juice V	Chilled Orange Juice V	Chilled Orange Juice V	Chilled Apple Juice V	Chilled Orange Juice V
*Choice of Milk V	*Choice of Milk V	*Choice of Milk V	*Choice of Milk V	*Choice of Milk V

MONDAY, March 16	TUESDAY, March 17	WEDNESDAY, March 18	THURSDAY, March 19	FRIDAY, March 20
Whole Grain Breaded Chicken Sandwich	Spaghetti & Meatballs	Smoked BBQ Chicken & Whole Wheat Dinner Roll	Personal Pan Cheese Pizza V	Breaded Chicken Nuggets
Garden Veggie Burger V	Peanut Butter & Jelly Pocket V	Tostada Fiesta Salad with Pinto Beans V	Teriyaki Beef Dippers w/WW Dinner Roll	Toasted Cheese Sandwich V
Chilled Peaches V	Yellow Whole Kernel Corn V	Fresh Banana V	Seedless Red Grapes V	Cooked Peas V
Cooked Green Beans V	Fresh Whole Baby Carrots V	Celery Sticks & Low Fat Ranch Dip V	Fresh Jicama Sticks & Lime Wedge V	Chilled Applesauce Cup V
Hash Brown Potatoes V	Fresh Apple Slices V	Chilled Pears V	Yellow Whole Kernel Corn V	Fresh Cucumber Coins V
Chilled Apple Juice V	Chilled Orange Juice V	Chilled Orange Juice V	Chilled Apple Juice V	Chilled Orange Juice V
*Choice of Milk V	*Choice of Milk V	*Choice of Milk V	*Choice of Milk V	*Choice of Milk V

MONDAY, March 23	TUESDAY, March 24	WEDNESDAY, March 25	THURSDAY, March 26	FRIDAY, March 27
Beef Taco Triangles	Sliced Pepperoni Pizza	Charbroiled Beef Patty on Wheat Bun	Red Chile Beef and Bean Burrito	Parmesan Lasagna
Peanut Butter & Jelly Pocket V	Toasted Cheese Sandwich V	Garden Veggie Burger V	Macaroni Au Gratin V	Vegetarian Chili and Tortilla Chips V
Yellow Whole Kernel Corn V	Chilled Peaches V	Green Leaf Lettuce & Sliced Tomatoes V	Fresh Banana V	Chilled Applesauce Cup V
Chilled Pears V	Italian Vegetable Medley V	Yellow Whole Kernel Corn V	Frozen Juice Cup V	Seasonal Melon Chunks V
Tossed Green Salad & Fat-Free Dressing V	Fresh Whole Baby Carrots V	Smoked BBQ Chicken & Whole Wheat Dinner Roll	Cooked Green Beans V	Fresh Whole Baby Carrots V
Chilled Apple Juice V	Chilled Orange Juice V	Chilled Orange Juice V	Chilled Apple Juice V	Chilled Orange Juice V
*Choice of Milk V	*Choice of Milk V	*Choice of Milk V	*Choice of Milk V	*Choice of Milk V

MONDAY, March 30	TUESDAY, March 31			
Whole Grain Breaded Chicken Sandwich	Spaghetti & Meatballs			
Garden Veggie Burger V	Peanut Butter & Jelly Pocket V			
Chilled Peaches V	Yellow Whole Kernel Corn V			
Cooked Green Beans V	Fresh Whole Baby Carrots V			
Hash Brown Potatoes V	Fresh Apple Slices V			
Chilled Apple Juice V	Chilled Orange Juice V			
*Choice of Milk V	*Choice of Milk V			

V = Vegetarian

*MILK: Available in 1% or Fat-Free White and Fat-Free Chocolate, 1% Strawberry or Lactose Free

Items Highlighted in Green Represent Fruit/Vegetable Components.

Represent Whole Grain

Menus are Subject to Change